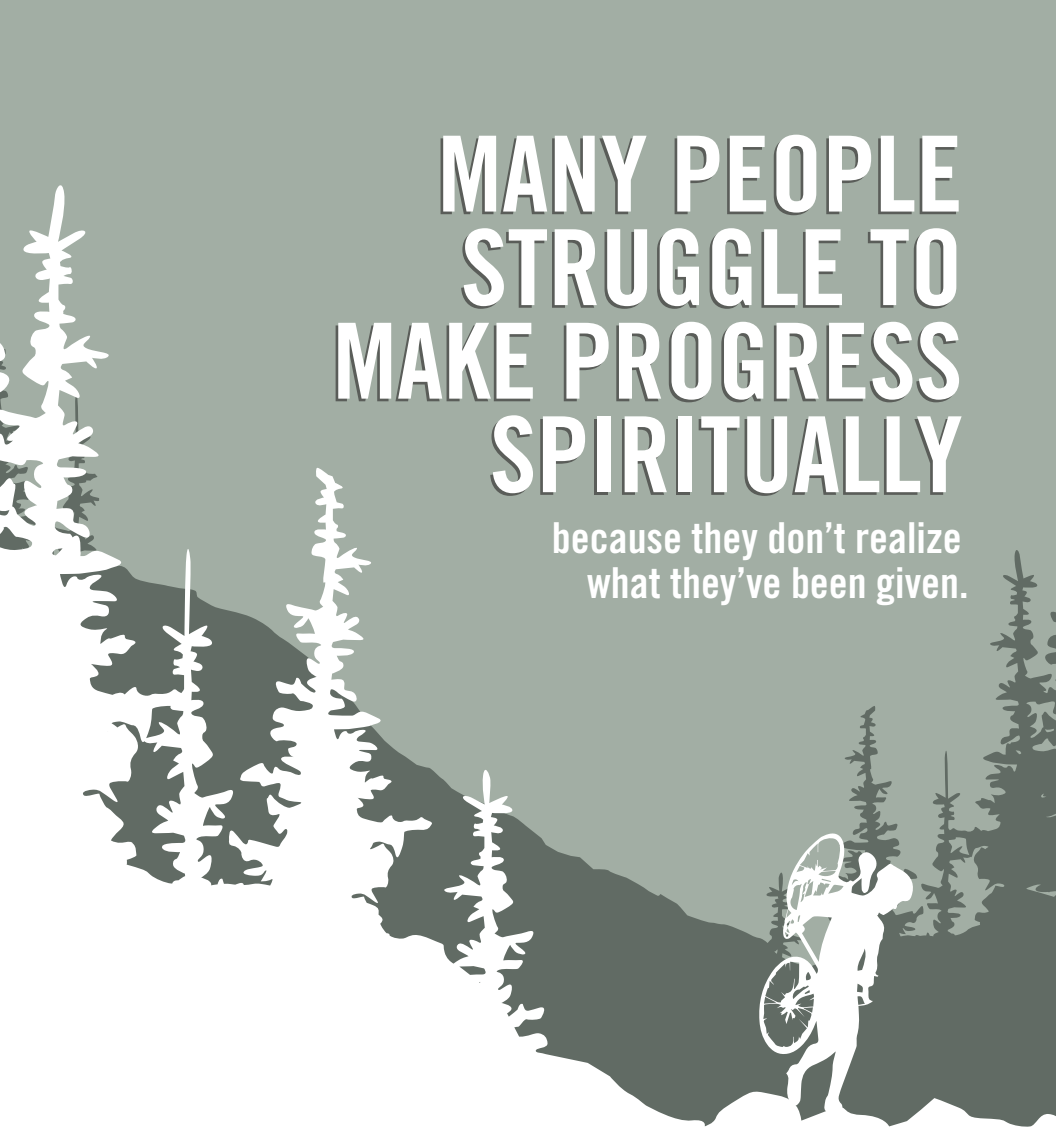


# MANY PEOPLE STRUGGLE TO MAKE PROGRESS SPIRITUALLY

because they don't realize  
what they've been given.

A silhouette of a person walking uphill, carrying a bicycle, surrounded by evergreen trees. The scene is set against a dark, hilly background with white outlines of trees and the person.

Few truly understand what Jesus was saying in His “Blessed are...” statements. In the eight-session Bible study *Momentum*, you’ll find out what it really means to be poor in spirit, to be meek, and to mourn. You’ll see why the order of the Beatitudes is important and how they build upon one another, so you can make real, noticeable progress in your faith.

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