

MELISSA
SPOELSTRA



STRIVING LESS AND TRUSTING GOD MORE

In this 7-session study, Melissa Spoelstra encourages you to let go of striving and learn to trust in God's character, His comfort, and even His correction. As you study the book of Isaiah—from the prophet's challenges to the nation of Israel to prophecies of the Messiah—you'll see that you can trust God more than your own human effort or the counterfeits the world suggests.

**To find out more about this study,
check out lifeway.com/isaiah**

Here's an overview of the seven sessions:

- Session 1:**
Introducing Isaiah
- Session 2:**
Trust God's Character
- Session 3:**
Trust God's Calendar
- Session 4:**
Trust God's Comfort
- Session 5:**
Trust God's Commands
- Session 6:**
Trust God's Correction
- Session 7:**
Trust God's Coming

A Note To Parents:

Date: _____ Time: _____ Location: _____

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