

Mom + Daughter Guide

HEY MOM!

We are so excited that you have decided to complete this study with your daughter. On these pages, Melissa Spoelstra guides you through the book of Isaiah by first looking at the significance of his prophecies in his own day before looking at their meaning for our lives today. In every session is an invitation for both you and your daughter to strive less and trust God more. You have a special opportunity to partner with your daughter on the path of learning to trust God above all and see every moment as grace.

YOU WILL NEED

Isaiah: Women's Bible Study Book for yourself

Isaiah: Teen Girl Bible Study Book for your daughter(s)

Isaiah: Teen Girl Video Sessions (additional purchase)

HOW TO USE YOUR MATERIALS TOGETHER

WATCH

Watch the weekly video with your daughter.

Use the questions found in Review at the beginning of each week's Group Time section located in the teen girl Bible study book.

A note about the video content: When studying together, you are welcome to watch the teen girls' or women's videos. The same content is covered in both versions, but the women's videos are between 20-30 minutes with a short discussion time. The teen videos include guided notes and may be shorter, depending on the session.

Please note that the fill-in-the-blanks found in the teen Bible study book are based on the teen videos. Those answers can be found on page 172.

STUDY

As you both work through your individual Bible study books, you will discover that the teen girls' version might be slightly different as we altered some language and content to be more applicable for teen girls. However, there are very few differences in the studies and we encourage you to discuss what the Lord is teaching you individually.

CONNECT WITH HER

Plan days to work on personal study together to keep each other accountable.

Be open with your daughter throughout the week about things you learn or have questions about. Provide a safe place for her to do the same.

Don't stress! Some weeks will be easier than others to accomplish the personal study days. Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

FAQ

Q: How old does my teen need to be for this study?

A: *This study is recommended for girls ages 11 and up.*

Q: Are there other studies I can do with my daughter after this study is over?

A: *Yes! Many of our studies have both women's and teen girls' materials available. Check them out at lifeway.com/girls.*