SESSION BIBLE STUDY STRIVING LESS AND TRUSTING GOD MORE saia MELISSA SPOELSTRA

In this 7-session study of the book of Isaiah, learn to rest in God's promises and grow in trust. Unpacking Isaiah's words—from the prophet's challenging words to the nation of Israel to his prophecies of the Messiah to come—will reveal that you can trust God more than your own human effort or the counterfeits the world suggests. You won't be striving harder, but instead trusting more deeply the Faithful One who is so worthy of your utter dependence. In Him you'll find the comfort and peace you need to sustain you.

## Lifeway women